

FROME



Town Shopping Guide

2009

SHOPS

MARKETS

RESTAURANTS

CAFES

SERVICES

INFORMATION

FROME

Town Centre

SHOPS MARKETS RESTAURANTS CAFES SERVICES INFORMATION

Welcome to Frome's Shopping Guide, providing you with a flavour of our town centre. We offer the very best in shopping, leisure and living, with something for everyone.

The historic town of Frome has shops to suit all tastes, from the larger high street retailers, to the niche independent shops that attract numerous visitors to our town each year.

Browse through our quaint side streets full of character, stroll down our cobbled lanes, roam around the main street and take a look at the tempting markets held in the town.

Frome is more than just a town – it is rich in its history and heritage with stunning architecture that can be traced back over many centuries. Frome is a wonderful place to visit, work and live and provides a truly unique shopping experience.

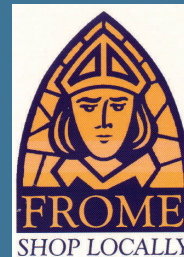


FROME TOWN MAP



FROME

Town Centre Directory



BEAUTY/FITNESS/THERAPY

HEALTH CLUB	Curves	15 Palmer Street	01373 466266
SOLARIUM	Miami Sun	43 Catherine Street	01373 455755
THERAPY - BEAUTY	1 Stop Beauty	6 Catherine Hill	01373 454054
THERAPY - BEAUTY	Cloud 9	16 Palmer Street	01373 474424
THERAPY - BEAUTY	Elaine's	7a-7b Cheap Street	01373 463604
THERAPY - BEAUTY	Inner Beauty	22 Catherine Hill	01373 455660

BOOKS

ANTIQUÉ & SECONDHAND GENERAL SPECIALIST	Upper Room Books W H Smith Hunting Raven Books	43-44 Vallis Way 1-2 The Bridge 10 Cheap Street	01373 467125 01373 473935 01373 473111
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CHARITY SHOPS

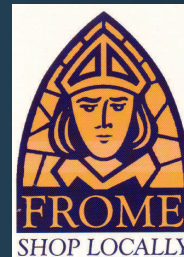
CLOTHES & HOUSEHOLD	Barnardos	4-5 Kingsway	01373 463513
CLOTHES & HOUSEHOLD	Bath Cat & Dogs Home	7 Stony Street	01225 466129
CLOTHES & HOUSEHOLD	British Heart Foundation	1a Scott Road	01373 451206
CLOTHES & HOUSEHOLD	Dorothy House	19 King Street	01373 453484
CLOTHES & HOUSEHOLD	Help the Aged	3a The Bridge	01373 453267
CLOTHES & HOUSEHOLD	Oxfam	7 Market Place	01373 464787
CLOTHES & HOUSEHOLD	Shaw Trust	16 Westway	01373 452915

CLOTHES

ANTIQUÉ CLOTHING	POOT	23 Catherine Hill	01373 473164
BABY CLOTHING & GOODS	Roundabout	3 Catherine Hill	01373 453506
CLOTHES & SHOES	Boho	31 Catherine Hill	01373 452929
GIFTS & CLOTHES	Make & Mend	19 Paul Street	07966 073213
GIFTS & CLOTHES	Nova	12 Catherine Hill	01373 471718
GIFTS & CLOTHES	Love Arts	12b Catherine Hill	01373 455936
KIDS	Ba Ba Boom	4 Catherine Hill	01373 467961
MEN	O'Shea's	25 King Street	01373 455766
MEN & WOMEN	kushi	7 Catherine Hill	01373 454615
SPORTS	Insport	10 Westway	01373 465760
WOMEN	Bea & Evie	27 Catherine Hill	01373 453 250
WOMEN	CC	17 Market Place	01373 467940
WOMEN	Coco's	23 King Street	01373 472913
WOMEN	Cream	24-25 Catherine Hill	01373 453311
WOMEN	Deadly is the Female	59 Catherine St	01373 469914
WOMEN	Marsaili Mackenzie	5 Cheap Street	01373 455044
WOMEN	Off the Rails	22 King Street	TBC
WOMEN	Spirit	15 King Street	01373 461000
WOMEN	Truly Sopol	32 Catherine Hill	01373 472789
WOMEN	Vivara Boutique	28 Catherine Hill	01373 461405

FROME

Town Centre Directory



WOMEN / LINGERIE	Fifi de Villes Ethical Boutique	10 Catherine Hill	07929 133803
WOMENS LINGERIE	Fosters	20 Cheap Street	01373 462079
WOMENS LINGERIE	Opal Lingerie	33 Catherine Hill	01373 455587

ELECTRICAL GOODS

COMPUTERS	MicroBitz Computers	5 Stony Street	01373 455551
TV, HIFI & AUDIO	Chantry TV	18 Market Place	01373 461238
TV, HIFI & AUDIO	Telefringe	3 King Street	01373 462598
WHITE GOODS	Chantry TV	2a Church Street	01373 451006

FINANCIAL SERVICES

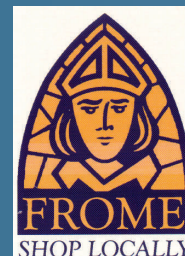
ACCOUNTANT	CW Accountancy	7a King Street	01373 464613
BANK	Barclays Bank	18 Stony Street	08457 555555
BANK	Halifax PLC	3 The Bridge	08456 005512
BANK	HSBC Bank	24 Market Place	08457 404404
BANK	Lloyds TSB PLC	25 Cheap Street	08453 000000
BANK	Nat West Bank	4 Market Place	01373 465791
BUILDING SOCIETY	Bath Building Society	2a Bath Street	01373 452360
BUILDING SOCIETY	Nationwide Building Society	8 Market Place	01373 465397
BUILDING SOCIETY	Stroud & Swindon	3 Market Place	01373 464367
FINANCE & MORTGAGES	Clive Lewis Financial	2 Bath Street	01373 471437
INSURANCE	Equity	4 Bath Street	01373 464372
INSURANCE BROKERS	Emery-Little	1 Bath Street	01373 464900
INSURANCE BROKERS	Norton Brokers	51 Catherine Street	01373 463000
PAYROLL	Biznus Solutions	26 King Street	08707 778338

FOOD SHOPS / SUPERMARKETS

BAKERY	Greggs	13 Scott Road	01373 469872
BAKERY	Johns the Baker	5 Badcox	01373 463703
BAKERY	The Old Bakehouse	15 Cheap Street	01373 455456
BUTCHER	Cayfords	24 Catherine Street	01373 462701
DELICATESSEN	Polish Cottage	18 Catherine Hill	01373 471150
DELICATESSEN	Sagebury Cheese	21 Cheap Street	01373 462543
DRY GOODS	Julian Graves	6 Westway	01373 467659
GREENGROCER	Parry's Fruiterers	22 Cheap Street	01373 473116
GREENGROCER	SK Fruits	4 Scott Road	01373 473903
MINI MARKET	McColls	45 Vallis Way	01373 462564
SANDWICH SHOP	Mike's Sandwich Engineers	21 C'church St West	01373 474700
SANDWICH SHOP	Number 7	7 The Bridge	01373 469169
SUPERMARKET	Marks & Spencer's	14-15 Kingsway	01373 473082
SUPERMARKET	Somerfield	11 Westway	01373 462010
SWEETS/ICE CREAM	Bonbons	2 Catherine Hill	01373 471061
WHOLEFOOD	Frome Wholefoods	8 Cheap Street	01373 473334

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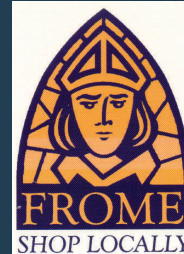
Town Centre Directory



WINE MERCHANT	Grape & Grain	6a Badcox	01373 462455
GIFTS & CARDS			
CANDLES / JEWELLERY	Blue Hyacinth	24 Cheap Street	01373 454399
CARDS	Card Warehouse	2 The Bridge	01454 411604
CARDS	Kard Toom	20a Cheap Street	01373 463289
CARDS & PARTYWARE	The Birthday Shop	12 Stony Street	01373 452386
CERAMICS	Steven Jenkins	Studio 3&4 Black Swan	07718 347039
CHOCOLATE	La Strada	14 Cheap Street	01373 474374
CONFECTIONERS	Bracends	18 Cheap Street	01373 455062
FLOWERS	Lesley's Flower Shop	4 Cork Street	01373 464669
FLOWERS	Ye Olde Flower Shoppe	30 Catherine Hill	01373 469869
GADGETS & BOYS TOYS	Talk-Gadgets	19 Cheap Street	01373 474737
GIFTS	Emporia La Strada	18 King Street	01373 463256
GIFTS	Ik'Sentrik	10 Stony Street	01373 471695
GIFTS & CARDS	The Golden Goose	1 Stony Street	01373 466681
GLASS ARTIST	Carolyn Griffiths	Studio 3&4 Black Swan	01373 467616
HAND-MADE JEWELLERY	Annette Gabbedey	5 Catherine Hill	01373 454145
HAND-MADE JEWELLERY	Christina Oswin	Studio 2 Black Swan	07969 095857
JEWELLERY	Marchbank Jewellers	6 Cheap Street	01373 455332
ORNAMENTS/JEWELLERY	Charles Hart Jewellers	4 Cheap Street	01373 462089
PRINTS - CONTEMPORARY	Studio Prints	6 Bath Street	01373 464528
TOYS	Ellenbray	Old Library Scott Road	01373 462139
VIRTUALLY EVERYTHING	Amica	11 Cheap Street	01373 463639
HAIRDRESSERS			
MENS	Badcox Barber Shop	46a Vallis Way	01373 300060
MENS	Boston Barber Shop	1a Bath Street	01373 302392
MENS	JT Barbers	20 Bath Street	01373 455566
MENS	Rob's Barber Shop	26 Catherine Hill	01373 464461
UNISEX	Abernethy's	17 Cheap Street	01373 474198
UNISEX	Alan of London	14 Stony Street	01373 451226
UNISEX	Alex Scott	9 Stony Street	01373 466289
UNISEX	Curls on Top	7 Palmer Street	01373 463251
UNISEX	Goldiloks	26 Catherine St	01373 463050
UNISEX	Haircare	11 Palmer Street	01373 453545
UNISEX	Part 2	8 King Street	01373 453212
HOT FOOD			
BUFFET RESTAURANT	China China	7 Church Street	01373 451060
CAFÉ	Café La Strada	13 Cheap Street	01373 474374
CAFÉ	Cheese & Grain Café	Cheese & Grain	07842 401131
CAFÉ	The Coffee Pot	46 Vallis Way	01373 472555

FROME

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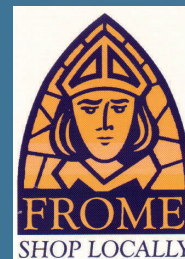
CAFÉ	Court House Café	8 King Street	01373 473723
CAFÉ	Divas Café	2 Bridge Street	01373 451410
CAFÉ	The Garden Café	16 Stony Street	01373 454178
CAFÉ	The Market Cross Café	2 Market Place	01373 463725
CAFÉ	Monmouth Coffee House	3a Cork Street	01373 474734
CAFÉ	Nine Bar Coffee Shop	16 Catherine Hill	01373 455055
CAFÉ	Picnix	20 Westway	01373 474717
HOTEL / RESTAURANT	The Olde Bath Arms	1 Palmer Street	01373 465045
PUB	Bar 11	18 Bath Street	01373 469913
PUB / HOTEL	The George Hotel	5 Market Place	01373 462584
RESTAURANT	Dragon Pearl	18 Palmer Street	01373 455787
RESTAURANT	Jhalmuri	14 Palmer Street	01373 473330
RESTAURANT	La Bisalta	6 Vicarage Street	01373 464238
RESTAURANT	The Olive Tree	6 C'church St West	01373 467140
RESTAURANT	Village Spice	5a Badcox	01373 461951
RESTAURANT / TEA ROOM	The Settle Restaurant	16 Cheap Street	01373 465975
TAKEAWAY	Frome Charcoal Grill	7 Bath Street	01373 454510
TAKEAWAY	Frome Kebab & Pizza	1 Eagle Lane	01373 466060
TAKEAWAY	Ghandis	18a Bath Street	01373 471788
TAKEAWAY	Kingfisher Fish Bar	6 Badcox	01373 455566
TAKEAWAY	Pangs Fish Bar	4 King Street	01373 462645
TAKEAWAY	Pizza Direct	7 Badcox	01373 465782
TAKEAWAY	Polly Indian	28 Catherine Street	01373 453237

HOUSEHOLD GOODS

BEDS	Tonemar	C'church St West	01373 452302
CHEMIST	Lloyds Pharmacy	12 Westway	01373 465593
CHEMIST / GENERAL	Boots	10-11 Market Place	01373 462402
FABRICS	Steve Bane Fabrics	22 C'church St West	01373 465678
FABRICS / INTERIORS	James Gaunt	1 Church Street	01373 452344
GENERAL	Argos	16 Westway	01373 451104
GENERAL	Poundstretcher	8 Stony Street	01373 452274
GENERAL	W H Smith	1-2 The Bridge	01373 473935
GENERAL/NEWSAGENT	Martins	5 Westway	01373 451914
HABERDASHERY	Millie Moon	20 Paul Street	01373 464650
HABERDASHERY	Stitches	21 Paul Street	01373 461352
INTERIORS	Privilege Interiors	21a King Street	01373 474974
KEYS & SHOE REPAIRS	Apricot Keys	5 Scott Road	01373 452858
KITCHENWARE	Millers Homestores	8 Westway	01373 462116
LIGHTING	Fiat Lux	8 Bath Street	01373 473555
PHONES	Intek Communications	20 Market Place	01373 466311
PHONES	Jag Communications	15 Scott Road	01373 465444
PHOTOS	Frome Photo Centre	17 Stony Street	01373 453011

FROME

Town Centre Directory



PHOTOS	Peter Lowry Photography	17 Bath Street	01373 461779
RUGS	Rugs & Kilims	21 Catherine Hill	01373 461515
STATIONERY	Ellenbray	Old Library Scott Road	01373 462139
STATIONERY	SAM Office Supplies	14 King Street	01373 465466
STATIONERY & ARTS	Elite Stationers	15 Stony Street	01373 462466

PUBS

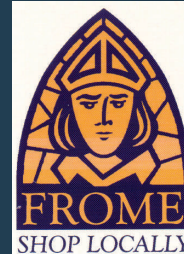
PUB	Bar 11	18 Bath Street	01373 469913
PUB	The Blue Boar	15 Market Place	01373 461530
PUB	The Sun Inn	6 Catherine Street	01373 471913
PUB	The Three Swans	16-17 King Street	01373 464768
PUB	The Wheatsheaves Inn	23 Bath Street	01373 452000
PUB / HOTEL	The Crown Hotel	6 Market Place	01373 454618
PUB / HOTEL	The George Hotel	5 Market Place	01373 462584
PUB / HOTEL	The Lamb Inn	1 C'church St East	01373 472042

SERVICES / INFORMATION

AUCTIONEERS	Dore & Rees	Vicarage Street	01373 462257
CINEMA	Westway Cinema	Cork Street	01373 465685
DAY NURSERY	Sunflower Montessori	9 Palmer Street	01373 453853
DRY CLEANERS	Frome Valley Cleaners	24 King Street	01373 473172
ESTATE AGENT	Allen & Harris	9 The Bridge	01373 462999
ESTATE AGENT	Cooper & Tanner	6 The Bridge	01373 455060
ESTATE AGENT	Cuesta	5 The Bridge	01373 466621
ESTATE AGENT	Holden Heal	12 Market Place	01373 454454
ESTATE AGENT	Lewis Gray	3b Cork Street	01373 455442
ESTATE AGENT	Lewis & Partners	4 The Bridge	01373 451073
ESTATE AGENT & LETTING	Rogers & Co	24 Bath Street	01373 454335
ESTATE AGENT & VALUER	McAllisters	13 Market Place	01373 453592
GRAPHIC DESIGNER	Alan Henning	Studio 6 Black Swan	01373 466992
INFORMATION	Citizens Advice Bureau	5 King Street	01373 465496
INFORMATION	Council Information Point Library	Justice Lane	01749 648999
INFORMATION	Frome Museum	1 North Parade	01373 463494
INFORMATION	Library	Justice Lane	01373 462215
INFORMATION	Tourist Information Centre	Justice Lane	01373 467271
LETTING AGENT	Swallows Turnpike House	Bridge Street	01373 463002
LOCAL GOVT.	Frome Town Council	5 Palmer Street	01373 465757
MEMORIAL MASON	James Long Mason	3 Bath Street	01225 763074
M.P.	David Heath MP	14 Catherine Hill	01373 473618
OPTICIAN	D&A Opticians	3 Cheap Street	01373 462031
OPTICIAN	Eye Tech	25 Market Place	01373 462573
OPTICIAN	Specsavers	19 Westway	01373 451180
POST OFFICE	Martins	5 Westway	01373 454456

FROME

Town Centre Directory



RECRUITMENT	Biznus Solutions	26 King Street	08707 778118
RECRUITMENT	Bridge Recruitment	7 The Bridge	01373 464629
RECRUITMENT	ESR Recruitment	6 King Street	01373 451380
RECRUITMENT	Job Centre	9 Kingsway	01373 405900
REGISTRAR	Registry Office	5 King Street	01373 462887
SIGNS	Compugraphic	41 Vallis Way	01373 451353
SOLICITOR	Ames Kent	1 Bridge Street	01373 462017
SOLICITOR	Brown & Vautier	Ken House Cork Street	01373 465222
SOLICITOR	Family Law Centre	22-21 Bath Street	01373 469140
SOLICITOR	FDC Law	Argyll House Bath Street	01373 465051
SOLICITOR	Gotleys Solicitors	2a Bath Street	01373 454546
SOLICITOR	Harris & Harris	11 Stony Street	01373 463366
SOLICITOR	Neil McCormick	1a Church Steps	01373 455700
SOLICITOR	Towler Brown	7 The Bridge	01373 452955
THERAPY	Natural Health Clinic	15 North Parade	01373 454595
TRAVEL AGENT	First Choice	14 Westway	01373 455500
TRAVEL AGENT	Travel Angels	1 Cheap Street	01373 462600

SHOES

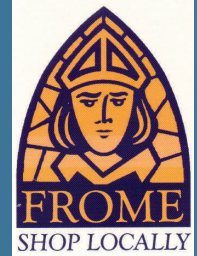
UNISEX	Shoe Zone	22 Market Place	01373 453348
UNISEX	Stead & Simpson	2 Scott Road	01373 452931
WOMENS	Krussh Shoe Gallery	13 Stony Street	01373 474040

SPECIALIST

ACUPUNCTURE	Traditional Acupuncture	58 Catherine St	01373 465297
ADULT	The Passion Box	Kingsway	01373 474757
ANTIQUES	Antiques & Country Living	43-44 Vallis Way	01373 463015
ART & CRAFTS GALLERY	Black Swan Arts	2 Bridge Street	01373 473980
ART & CRAFTS GALLERY	Byrne Gallery	2 Cheap Street	01373 812804
ART & CRAFTS GALLERY	Enigma Gallery	15 Vicarage Street	01373 452079
ART & CRAFTS GALLERY	Rook Lane Arts	Rook Ln Chapel Bath Street	01373 468030
BEADS & JEWELLERY	Beadz Bazaar	20 Catherine Hill	01373 473506
CAR ACCESSORIES	Autocare	23 Catherine Street	01373 462926
CARE PRODUCTS	Oakville Care Centre	3 Badcox	01373 461438
CD'S, RECORDS & TAPES	Raves from the Grave	20 Cheap Street	01373 463289
COMPUTER GAMES	Games Exchange	4 Stony Street	01373 451098
COSTUME HIRE	Absolutely Fabulous	20 Bath Street	01373 464027
FISHING TACKLE	Tight Lines Angling	20 C'church St West	01373 455001
FURNITURE	Epoche	8-9 Catherine Hill	01373 455999
GAMING	Jokers Den	3 Stony Street	01373 466088
MODEL SHOP	Frome Model Centre	2 Catherine St	01373 465295
MOTORCYCLES	Difazio Motorcycles	25 Catherine Street	01373 462913
MUSICAL INSTRUMENTS	Sounds of Frome	5 Bath Street	01373 462083

FROME

Town Centre Directory



PET SUPPLIES	Frome Pet/Aquatic Centre	1 Kingsway	01373 462068
PICTURE FRAMING	The Art Works	15 Catherine Hill	01373 451801
PRINTS & FRAMING	Studio Prints	23 Westway	01373 464528
SCULPTURE	The Silver Wren	Studio 1 Black Swan	07950 610746
TATTOO/BODY PIERCING	Punctured Skin	3a Stony Street	01373 463538
TELESCOPES	MC2	57 Catherine Street	01373 474763
TOBACCONIST	The Pipe Shop	14 Market Place	01373 473699
VIDEO	Blockbuster Video	19 Market Place	01373 471590
VINYL	Raves from the Grave Vinyl	18a Cheap Street	01373 453652
WEDDING DRESSES	Frome Brides & Belles	10 Palmer Street	01373 474822
WOOL	Woolly Notions	11 Catherine Hill	01373 473557



FROME

Markets



The ancient outdoor Charter Market is held every **Wednesday** and **Saturday** in the central Market Yard car park and in Market Place (see map).



Indoor markets are held regularly at the Cheese & Grain including a flea and retail market every **Monday**, an antiques and collectors market every **Wednesday**, a Country Market every **Thursday**, and the Farmers Market is held on the second and fourth **Saturday** of every month. More details on these and other specialist markets at the Cheese & Grain can be found at www.cheeseandgrain.co.uk

There is also a **Wednesday** cattle market, which is held at Standerwick (4 miles from Frome).

FROME

Useful Information

Frome Towntalk: www.frome.towntalk.co.uk

Frome's community website, with even more local shops and businesses listed

Frome Tourist Information Centre

The Round Tower

2 Bridge Street

Frome BA11 1BB

01373 467271

www.frometouristinfo.co.uk

enquiries@frometouristinfo.co.uk

Frome Town Council

5 Palmer Street

Frome BA11 1DS

01373 465757

www.frome-tc.gov.uk

admin@frome-tc.gov.uk

Travel Information:

Rail: Frome is on the Bristol – Weymouth line, connections are available to London.

Contact 08457 484950 or www.nationalrail.co.uk

National Express coaches run daily to Frome from London. For further information or to book go to www.nationalexpress.com .

Local buses are mainly run by First Bus, contact www.firstgroup.com. For other services contact 0870 608 2608.



For more information on this document, or to include updates, please contact Mendip District Council's Regeneration Team on 01749 648999 or email regeneration@mendip.gov.uk