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Leisure, Sport & Recreation

Baseball

Bible Hill & Truro Minor Ball Association John Staratt 897-8563

SPN (Slo Pitch National) Robert Boake 673-2453 or 899-3206

Truro Business Ladies Softball League Tammy MacKay 893-8475

Truro & District Slo Pitch Association Tim 893-3414

Basketball

Cougar Basketball Camp 2008 Marc Roberts 896-5716 or 897-0188

Cobequid Education Centre Lorne St., Truro

HUBBA Hub Basketball Association John McKim evenings - 897-4099
days - 896-6164 hubba@eastlink.ca

Bridge Clubs

Truro Duplicate Bridge Club Grace 895-5647

Boxing

Colchester Boxing Club Dave MacLeod 899-3144

Cheerleading

Truro Cheer Club Mary or Jane 895-1545

Clay Shooting

Nova Sporting Clays Club Greg Sullivan 899-0779 gcsullivan@eastlink.ca

Curling

Brookfield Curling Club Joel Dawe 673-2647

Tatamagouche Curling Club John Jones 657-3787

North Shore Recreation Centre

Truro Curling Club Manager 895-1639

Cycling

Hubcycle Cycling Club Hubcycle 897-2482 www.hubcycle.ca



Dance

Cobequid Twirlers Square Dance Ed Giles 893-8808 St. George Anglican Church

Colchester Highland Dance Association Barb McLeod 893-0247 or Debbie Wynn 662-3062 1st Baptist Church

NSCC Sport & Wellness Centre Truro Dance Academy (Ages 3-18) 893-5399 www.nsc.ca

MARMAC Athletics Discover Yourself Pole Dancing 890-5092 23 Inglis Place marmacathletics@hotmail.com

Stewiacke Valley Highland Dance Competition (Ages 5-9) Jody Graham 671-2218

Strathmore Strutters Square Dance Club Bob & Phyllis Fiddes 662-2821
Truro Scottish Country Dance Group Glen Sampson 895-2972

Equestrian

Camden Stables Ann & Peter Allan 893-4926

Central Nova Horse & Pony Association Sheri Morehouse 897-4755

NS Region Canadian Pony Club Jane Geldart 662-3940

Opportunity Farm Suzanne Perry 897-6854 1558 Onslow Mountain Road suzanneperry25@mna.com English lessons for all levels.

Firearms

Nova Scotia Muzzle Loading Association Ed Simms 662-2320
Family orientated club.

Valhalla Gun Club 893-3770 Open to members & guests

Fishing

Atlantic Fly-Fishing School Dennis or Verlie Grant 673-2590 13 Crystal Lake, Brookfield

School provides certified instructors to assist in the proper use of equipment.

Cobequid Salmon Association Jack Johnson 895-0036

Programs: River Watch, Fly Fishing, Restoration & Clean-up, Sponsors Fish-a-Rama, at Kiwanis Pond, Truro & Shad Fish Derby, Stewiacke River



Football

Truro Minor Football Association Steve Fulton 893-4110 or 895-8585
www.trurominorfootball.com

Garden Clubs

Bible Hill Garden Club Ken Phillips 895-1736

Cobequid Garden Club Myrna Fisher 647-2461 Economy Recreation Centre

Great Village Garden Club Elaine Eaton 668-2358

Hilden Garden Club Lyndia Wellwood 893-0375 Hilden Fire Hall

Stewiacke Valley Garden Club Ruth Graham 671-2606
Upper Stewiacke Fire Hall

Clifton Garden Club Jane Burn 895-8727

Golf

Brookfield Golf & Country Club 673-3352

Debert Golf Course 622-4499 388 Reid Rd., Debert

Fox Hollow Golf Club 639-2535 802 Highway #2, Stewiacke
www.foxhollowgolfclub.ca

Greenfield Golf 893-2827 Union #2 Road, Greenfield

Mountain Golf & Country Club Derek Forsyth 893-2841 East Mountain
Website: www.mountaingolf.ca E-mail: info@mountaingolf.ca

Ridgewood Golf 893-6200, Ravine Drive, Truro Heights

Riverrun Golf Club 893-8400 922 West North River Road, North River
Website: www.riverrungolf.ca E-mail: riverrun@eastlink.ca

Ocean Links at Brule Point 657-2666 Brule Point Road, Tatamagouche
www.oceanlinks.ca

Truro Golf Club Rene MacKay 895-2183 86 Golf Street, Truro
Website: www.trurogolfclub.ca E-mail: mackay@trurogolfclub.ca

Gymnastics

Cobequid Spartans Gymnastics Centre Tanya Mackenzie 895-7727



Walking/Trails

Central Nova Volkssport Club Tanya McNutt 895-1231 www.walks.ca
Colchester Trails Association Colchester County Recreation Services
897-3155

Cobequid Eco-Trails Society Garnet McLaughlin 647-2271
Website:www.ce-ts.ca E-mail: mclaughlins@vrodinternet.com

Kenomee Trail Society Cobequid Interpretation Centre 647-2600 (May-Sept)
or Garnet McLaughlin 647-2271

Hobbies

South Colchester ATV Club 673-2056
Club continues to develop & maintain the trail system.

Colchester East-Hants Public Library Book Discussion Group
Leslie Brann 895-0235 Colchester East-Hants Public Library

Image Makers Photography Club Cliff Sandeson 673-2603

Marigold Guild of Needle Arts Jane Birmingham 895-8947 Truro Fire Hall

Off Road Vehicle Closed Course Cooperative Limited Vangie Yorke
673-2056 Family oriented & non competitive

SNL Paintball Darlene or Vic MacFarlane 897-4079 Upper North River

Truro Amateur Radio Club Peter Surette 893-8359

Truro Flying Club Stuart Fairchild 662-2228 Debert Airport
www3.ns.sympatico.ca/tfcl/

Truro Model Railroading Association Jamie Richards 765-1494 ext 5844 or
840-1754 www.truromodelrailroader.com

Wildlife Carvers & Artists Association Colchester Chapter Keith Cheyne
897-1027 or Alan Randall 893-2998 www.nswcaa.ca (Ages 18 & up)

Hockey

Saturday Night Industrial Hockey League Kevin MacLellan 758-2620 Brook
field Sportsplex Every Saturday from October - March. New teams welcome.

South Colchester Minor Hockey Sherry Budd 639-9079

Tatamagouche Minor Hockey Marilyn Hutchinson 657-0080



Hockey continued...

Truro & Area Minor Hockey Association Marion Manuel 895-9723
Website: www.trurominorhockey.ca Email: trurominorhockey@eastlink.ca

West Colchester Minor Hockey Association Karyn MacKinnon 662-4227

Martial Arts

Aikido of Colchester Andrew Height (Sensei) 890-7221 274 Pictou Road, Bible Hill Japanese Martial Art-Based on Principals of non-violence.

Japan Karate Association Charles Surette 895-1840
Teaches Shotokan focusing on basic techniques, forms & sparring.

Langille's Tae Kwon Do Wayne Langille 895-2578 NSAC Athletic Centre, Bible Hill Website: www.moodukkwan.piczo.com
E-mail: waynelangille1@sympatico.ca

MARMAC Athletics Truro Kickboxing 890-5092 36 Inglis Street, Truro
marmacathletics@hotmail.com

Mudo Martial Arts Academy Kevin Keys 890-0706 Truro & Upper Musquodoboit MUDO@eastlink.ca

TDS Ninjutsu Ed Weatherby 662-3698 or 890-4489 Truro

The Taoist Tai Chi Society of Canada 893-8500 23 Inglis Street, Truro

Yawara Judo Club Hans Budgey 895-4208

Motocross

Pleasant Valley Motocross Robbie & Joanne Cook 673-2843

Motorcycling

Maritime Motorcycling Touring Association David Rector 639-2168

Music/Band

Colchester Legion Pipes and Drums Elroy Geddes 895-4021
Royal Canadian Legion

First Baptist Girl's Choir Kelly Wilcox 895-3980

Annual NS Blue Grass & Old-timers Music Festival Sharon Lewis
895-3175

The Mel-O-Dees Joanna 895-9041 Masonic Hall Pictou Road, Bible Hill



Music/Band continued...

Tatamagouche Area Singers David Stevenson 657-1064
Tatamagouche Elementary School

Truro Concert Band Ken Henderson 895-1352 Normal College
Prince Street, Truro www.truroconcertband.ca

Truro District School Bands Auxiliary Jay Boudreau 893-9565

Truro Music Festival Society Max Legere 895-6532
www.truromusicfestival.ca

Truro Youth Singers Ann Legere 895-6532 Immaculate Conception Church
(Ages 8-12)

Young Chorister Choir at First United Church Office 895-8098 Truro

Orienteering

Active Life Adventure & Training Kevin Fitch 668-2038
www.activelifenovascotia.ca

Orienteering Association of Nova Scotia Michael 895-3356
www.orienteingns.ca

Recreation Associations

Brookfield Athletic Association Mike Henderson 673-2769

Cobequid Recreation Association Jeff Yuill 895-4062

Debert Community Association Mike Taylor 662-3875 Debert Fire Hall
Meet 3rd Thursday/month

Five Islands Athletic Association Grant Eagles 895-7821

Middle Stewiacke Recreation Association Sandra or Danny Chaplin
673-2772

North River Recreation Association Mark Lavers 895-6907
<http://northriverrecreation.googlepages.com/northriverrecreation>

Salmon River Parks & Recreation Association Tim Leger 893-7086

Upper Stewiacke Community Development Association Sandra Jackson
671-1953



Recreation associations continued...

[Valley Recreation Association](#) Bruce Moore 895-0411

[Warwick Mountain Recreation Club](#) Elwood Cantfield 890-0436

[West Colchester Recreation Association](#) Randy Webb 662-4014

[Wittenburg Recreation Association](#) Jay Redmond 639-9116 or Velma Taylor 639-2552 jsredmond@ns.sympatico.ca

Rugby

[Truro Rugby Club](#) Dick Cotterill 893-4588

Sailing

[Barrachois Harbour Yacht Club](#) Steve Abbey 657-0108 Tatamagouche, 405 Brule Shore Road www.anglefire.com/ns/BarrachoisYatchclub

Senior Citizens

[All Around the Circle](#) Frank Locke 673-3093
Don Henderson Memorial Sportsplex, Brookfield

[Colchester East-Hants Seniors Council](#) Vince DeAdder 662-2536
vdeadder@hotmail.com Help others in the community.

[Good Time Seniors Dance Club](#) Les Haley 897-2511 (Age 55+)

[Local Senior Games Committee](#) Les Haley 897-2511

[North Shore Senior Citizens](#) Cathleen Mattatall 657-2466

[Seniors Dinner](#) 895-0233 Royal Canadian Legion
www.ns.sympatico.ca/rcldno226/

Skating

[Tatamagouche Skating](#) Cindy Langille 351-2045

[Truro Pleasure Skating](#) Amanda Wallace 893-0517

[Truro Figure Skating](#) Carolyn Bartlett 893-4855
Figuring Skating, Power Skating, Adult Skating & CanSkate (children)

Skiing

[Ski Wentworth](#) 548-2089 off season office 896-1205
Website: www.skiwentworth.ca E-mail: skiadmin@skiwentworth.ca
Wentworth Valley 30 minutes from Truro.

[Truro Cross-Country Ski Club](#) Rob Carreau 893-4849



Snowmobile

[Chisholm Trail Snowmobile Club](#) Wendall Sabean 254-3645 Five Islands

[Fundy Trail Snowmobile & Recreation Club](#) Valerie Tucker 662-2276

Club House is located at Folly Lake on No. 4 Hwy north of Truro

Soccer

[Central Colchester Soccer Association](#) Alan Grant 895-2228

[Highland Knight Soccer Club](#) Andy Kenny 893-1368

Summer Programs

[Book Buddies](#) 895-1625 Colchester East Hants Regional Library

www.lovemylibrary.ca

[Community Enhancement Association Summer Camps](#) Shirley Robinson-Levering 893-1586 (Ages 5-12)

[Eat Dirt Summer Day Camps](#) Colchester County Recreation Services
897-3155 Website: www.colchester.ca E-mail: recreation@colchester.ca

[Gates Learning Centre for Electronic Information](#) Bill Morgan 895-0235
Colchester East Hants Regional Library

[Girl Power](#) Krista Poole 895-4295 Truro (Ages 10-13)
Educate girls on self-esteem, peer pressure, body image & healthy living.

[Kids Discovery Camps](#) Scotia Pool Office 893-6364 NSAC, Bible Hill
www.nsac.ca/athletics/pool.asp

[Victoria Park Summer Day Camps](#) Town of Truro Parks & Recreation
893-6078 Website: www.truro.ca E-Mail: asmith@truro.ca

Swimming

[Best Western Glengarry Pool](#) 893-4311

[Nelson Park Pool](#) Colchester County Recreation Services 897-3155

[Scotia Pool](#) 893-6364 80 Research Drive, Bible Hill

www.nsac.ca/athletics/pool.asp

[Truro Centennial Pool](#) 895-1110 Kaulback Street, Truro

[Victoria Park Swimming Pool](#) 895-7078 Adam Street, Truro or
Town of Truro Parks & Recreation Department 893-6078



Tourism

Central Nova Tourist Association 893-8782 Glosscap Heritage Centre
Power Centre www.centralnovascotia.ca

Glooscap Heritage Centre - Visitor Information Kathy Fisher 843-3493
trurovic@centralnovascotia.com

Truro Welcome Centre 893-2922 Victoria Square

Volleyball

Volleyball League NSCC Sport & Wellness Centre
www.truro.nssc.ca/wellness 893-5399

Volunteering

Volunteer Week Colchester County Recreation Services 897-3155

Big Brothers-Big Sisters Michelle Meisner 895-4562 26 Logan Street, Truro
Website: www.colchesterkids.ca E-mail: info@colchesterkids.ca

Wildlife

Cobequid Wildlife Rehabilitation Centre Helene Van Doninck 893-0253
Hilden www.cwc.net

Shubenacadie Provincial Wildlife Park 758-2040 off Highway 102 Exit 11
Stewiacke

Yoga

Joyful Yoga Joy 956-2166 64 Inglis, Truro www.joyfultyoga.blogspot.com

Youth

324 Bonaventure Sea Cadets Lorna Swallow 639-2965
Stewiacke Community Centre

77 Arrowheads, Royal Canadian Air Cadets Squadron Captain Patrick
Ryan 662-3583

CareerworksNova 893-6859 60 Lorne Street, Truro,
www.careerworksnova.ca

Colchester County 4-H Council 4-H Specialist 893-6586
www.gov.ns.ca/agri/4h



Youth continued...

First United Church Sunday School, Ministries United Youth Group,
Scouts Canada First United Church Office 895-8098 www.firstunitedchurch.ca
Girl Guides of Canada Caroline Blair 897-4764

Scouts Canada Colchester Area Traci Gowan 641-2193
www.colchesterscouts.ca

STAR (Sensory/Motor Training & Recreation Program) Kelly Mercer 893-7373 or
Janet Carrigan 893-3656. NSCC Program offered to children with special needs,
focuses on working the total development of the child by enhancing physical &
social skills.

Boys and Girls Club of Truro & Colchester Lisa MacDonald 895-5008

Clubs & Community Organizations

Adult Clubs & Organizations

Bible Hill Kinette Club Jennifer Mosher 895-2722 Bible Hill Village Hall
Website: www.kincanada.ca E-mail: jmosher1@hotmail.com

Brookfield Men's Club Terry Henderson 673-2106

Canadian Federation of University Women Mary Martin 895-1865 Truro
University graduates provides friendship, support & promote education.

Central Shrine Club Graham Campbell 895-6976

Participates in Christmas Parade & clown services available for special events.

Colchester Chapter IODE Beverley Hale 895-5277 Truro Fire Hall
Community Room behale@eastlink.ca (Women) meet 2nd Tuesday-month

Golden Age Auto Club Rick 893-4497

Ingonish Chapter IODE Jenny McInnis 895-2688 or Sharon Brown 895-
2076 Meet 2nd Monday of every month. Providing support for others in the area.

Kinsmen Club of Bible Hill & Area John McOnie 893-1789

Knights of Columbus Council Gerry Newell 893-9733

Immaculate Conception Church (Ages 18+).

The Catholic men's group meet 3rd Sunday/month



Truro & Area Newcomers Club Julie Gray 956-2148 Bakers Chest Tearoom
53 Farnham Road, Truro Meet 7:30 first Wed of month (Sept-June)

Truro & District Lions Club Derwin Bartlett 662-3199 1100 Prince Street
www.trurons.lionwap.org Radio Bingo - Proceeds help club assist others in need.
Special Event in June 2008 - Walk for dog guides

United Commercial Travelers Ken Welton 895-1017 Rotary House
Supporting community members/organizations in need.

University of Women's Book Fair Edith Patterson 895-4690

Women's Institutes of Nova Scotia Theresa Osborne 893-6520
www.gov.ns.ca/agr/wi/ Non-profit, rural women's organization focused on
providing programs for individual's growth. Everyone welcome.

Zonta Club of Truro Area Judy Lewis 647-2414

Organization focuses on women's Issues. Members can participate in regional,
international & conference meetings.

Bazaars

Glooscap Country Bazaar Russell Fielding 647-2445 or Bazaar 647-2920
Central Economy Handmade crafts & produce

Community Education

Chignecto School International Student Program Lisa Hartery 896-5515 60
Lorne St, Truro Website:www.nsisp.ednet.ns.ca E-mail: harterylm@ccrsb.ca

Community Education & Partnership Penny Baker 897-8957

Goal is to offer educational & training opportunities meeting the needs for all
residents within Chignecto Central Regional School Board

Open Doors Career & Community Resource Centre 657-0180 or
657-0167 229 Main Street, Tatamagouche

Website:www.opendoorscrc.ca E-mail: info@opendoorscrc.ca

Truro Toastmasters Russell Kennedy 893-9618 Lions Club Prince Street,
Truro. Non-profit worldwide organization designed to help individuals improve
skills

South Colchester Academy Colchester County Recreation Services 897-3155

Upper Stewiacke Community School Sandra Jackson 671-1953



Community Groups

Brookfield Community Assembly Laurie Monk 673-2516

Cobequid Al-Anon 893-5535 Thursdays at 7:30pm

Colchester Singles Linda Rushton 893-4794 (45+) Meet 3rd Saturday/month

Green Gatherings 673-2451 Brookfield www.greengatherings.org
Involved in global warming and climate crisis.

MADD (Mother's Against Drunk Drivers) Kathleen Foster-Alfred
843-3111 Truro Boys & Girls Club Victoria Street, Truro

Truro Al-Anon 893-5535 Halliday Building Hubtown Room Willow Lane, Truro
Mon. 10:00 am & Tues. 8:00 pm

The Falls Community Saints Melvin Langille 657-2954 or
Diane Campbell 657-2275

The NS Arthritis Society Colchester Branch Sheila Rafferty 896-2300
Community Room Truro Police Station, Prince Street
Website: www.arthritis.ca E-mail: sheila.rafferty@nsc.ca

Overeaters Anonymous 895-5739 or 671-2893
Truro Alliance Church, 29 Phillip St. Mondays 7:30pm

Welcome Wagon Pam Brown 895-3183 pambrown06@hotmail.com

Legion Branches

Branch # 26 Truro 895-0233

Branch #64 Tatamagouche 657-3228

Branch # 70 Stewiacke 693-9979

Branch #72 Great Village Art Chisholm 668-2882

Branch #106 Debert Robert Hill 668-2050

Masonic Lodges

Elm Lodge #115 Harold Brenton 673-2031

Fellowship #112 Earl McKenna 897-6901

King George Lodge #123 Gary Bishop 843-9160

North Star Lodge #74 Bruce Wicker 668-2853

Truro Lodge #43 Graham Campbell 895-6979

Willow Lodge Shelley LaFresne 657-3101



Pets

Animal Rescue Coalition Karen 893-3570

www.animalrescuecoalitionns.com Rescues and adopts out dogs

Cat Chat Society Jocelyn Langille 673-2951

Non-profit organization dedicated to educating individuals on the care of cats.

Cobequid Dog Club Nancy McRae 895-1046

Colchester SPCA (Society for the Prevention of Cruelty to Animals)

893-7968 408 Industrial Avenue, Truro www.anglefire.com//ns.colchesterspca

Lucky Paws Cat Club Heather MacDougall 254-2242 Parrsboro

Resource Centers

Bailey's Hope Society 893-8859 Fax: 893-1661 134 Laybolt Road, Truro

baileyshope@auracom.com

A resource for bereaved children & their families

Camp Dragonfly.....4 day healing camp (ages 6-12)

Dragonfly RetreatWeekend healing retreat (ages 13-18)

Path of the FireflyWorkshops for parents/caregivers

Bailey's Hope Library ..Resources on topics related to death & grief

Maggie's Place: A Resource Centre for Families 895-0200 129 Arthur

Street, Truro Website:www.maggiesplace.ca E-mail: info@maggiesplace.ca

Central Nova Women's Resource Centre Krista Poole 895-4295 Truro

cnwrc@eastlink.ca Fax: 895-9095 Confidential counseling

Arts & Culture

Art

Attic Painters Jean Fisher 893-3834 Superstore Community Room, Truro

Painters insist on using watercolors, pastels, charcoal & or pencil. Acrylic & Oil paints are excluded, some members are allergic.

Fraser Cultural Centre Sandy Moore 657-3061 Tatamagouche

Provides visitor information, CAPsite, gift shop and monthly exhibitions of maritime artists, & art & craft workshops .



Art continued....

The Municipality of the County of Colchester Art Show

Colchester County Recreation Services 897-3155

Truro Art Society Karen Olsson 897-1710 karenjohn@ns.sympatico.ca
McCarthy Hall Gallery, NSCC Truro Campus .

Town of Truro Art Show - Town of Truro Parks and Recreation 893-6078

Culture/Heritage Societies

Bass River Heritage Society Martha Brown 647-2516 or
Judy Lewis 647-2414 marthab@ns.sympatico.ca
Bass River Dedicated to the preservation of the history in the area.

Brookfield Railway Station & Heritage Society Edna Brown 673-2105 Hwy.
289 Ed Creelman Park, Brookfield Dedicated to the restoration of the CN station.

Colchester Historical Society Penny Lighthall 895-6284 29 Young Street,
Truro colchestermuseum@ns.aliantzinc.ca Operates & maintains museum &
archive with changing exhibits & facilities.

Debert Military History Society 662-2860 35 Acadia Avenue, Debert
debertmuseum@ns.sympatico.ca

Glooscap Heritage Centre 843-3496 35 Treaty Trail, Millbrook
www.glooscapheritagecentre.com Focuses on traditional Mi'kmawey arts.

Little White School House Museum 895-5170 20 Arthur Street, Truro
Website: www.lwsm.ednet.ns.ca E-mail: lwsm1979@msn.com
Dedicated to the preservation of the history of Camp Debert Military Museum.

Marigold Cultural Centre 897-4004
Website:www.marigoldcentre.ca Email: marigold@downtown.truro.ca

Multicultural Association of Colchester County Prem Dhir 895-9797 or
Phyllis Cipolla 897-4091 Concentrates on multiculturalism issues & awareness.

Native Council of Nova Scotia Grace Conrad 895-1523
Providing programs for self-improvement.

Society for Creative Anachronisms Mike Burnett 668-2985
Websites: www.sca.org or www.ruantallan.org E-mail: yesungge@tru.eastlink.ca



Cultural Exchange

Nacel Canada Inc Kim Morrissey Regional Coordinator 406 -2536
Website: www.nacel.org/canada Email: kmorrissey_can@nacel.org
A nonprofit organization since 1957 dedicated to the promotion of global understanding through cultural exchange programs.

Nova Scotia International Student Program Susan Rann 896-5537
Students around the world have the opportunity to learn Canada's language & culture.

Sculpting

Truro Tree Committee & Individual Sponsor Groups/Organizations
893-6071 Website: www.truro.ca E-mail: town@truro.ca or awilliams@truro.ca
Unique tree sculptures, created from trunks of elm trees lost to Dutch elm disease, many pay tribute to Truro's heritage.

Theatre

Drama Classes Leana Todd 956-0295 St Andrews United Church
leana_todd@hotmail.com

Hubtown Theatre Society Lawrence Tuttle 893-4200
Website: www.hubtowntheatre.ca Email: contact@hubtowntheatre.ca

Festivals & Events

Annual Events

Bible Hill Canada Day Recreation Director 893-8083 College Road
www.biblehill.ca Celebration includes a parade & activities

Canada Day Fireworks Downtown Truro Partnership 895-9258

Christmas Dreams Fashion Show Downtown Truro Partnership 895-9258

Coming Home to Brookfield Judy Matheson 673-2427
www.brookfieldns.ca Starts July 19 – 27 Variety of events for all ages

Mastodon Ridge Canada Day 639-2345 Live entertainment, face painting & more

New Year's on the Town Town of Truro Parks & Recreation Department
893-6078 www.truro.ca
Includes music, refreshments, bonfires, skating & fireworks



Annual events continued...

Nova Scotia Provincial Exhibition Diane Danielle 893-9222 Bible Hill
www.nspe.ca

Oktoberfest Joyce Mingo 893-8782 North Shore Recreation Centre

Pork Barbeque Wayne Mingo 657-2172 Middleton Hall

Santa Claus Parade Downtown Truro Partnership 895-9258

Terry Fox Run Doreen MacIntosh 895-6034 www.terryfoxrun.org

Truro Farmers Market Downtown Truro Partnership 895-9258

Truro Festival of Lights Downtown Truro Partnership 895-9258

Youthstock Town of Truro Parks & Recreation Department Town Council
Chambers www.truro.ca Truro Youth Festival is organized by youth for youth.
Enhances youth's awareness in the community by improving their abilities in
leadership, training & hands on learning.

Zonta Fair Kitty Cameron 893-3371

Youth Funding

Sport Funding Programs

Kidsport Sport Nova Scotia 424-5454 ext.203 www.kidsport.ca

Grant program to assist children in overcoming financial barriers which prevent,
or limit their participation in sports.

Deadline: January 1st, April 1st, July 1st & October 1st

Canadian Tire Jump Start 897-4466 www.canadiantire.ca/jumpstart/

Canadian Tire Foundation for Families helps kids in need participate in organized
sports & recreational activities.

Deadline: Spring May 1st Fall September 15th



Facilities

Arenas

Colchester Legion Stadium Wayne Woodworth 893-1701 Lorne Street, Truro
wwoodworth@truro.ca

Deuville's Rink (Hockeyville 2006) Ellery Deuville 893-9651
50 Harmony Road, Salmon River

Don Henderson Memorial Sportsplex Joel Dawe 673-2063 Carter Rd.,
Brookfield

North Shore Recreation Centre Janet Wall 657-3121
30 Blair Avenue, Tatamagouche

West Colchester United Arena Randy Webb 662-4014
1089 Airport Road, Debert

Ball Fields

Bible Hill Recreation Director 893-8083 www.biblehill.ca
Recreation Park - Guest Drive, Airport Fields - Jennifer Drive

Brookfield John Matheson 673-2328

Five Islands Grant Eagles 895-7821

Nelson Park Colchester Recreation 897-3155 www.colchester.ca/parks.htm
153 Loop of Highway 6 (off Route 6, 2km west of Tatamagouche)

North River Mark Lavers 895-6907

Old Barns Jeff Yuill 895-4062

Stewiacke Town of Stewiacke 639-2231 www.stewiacke.net Highway #2

Truro Town of Truro Parks & Recreation Department 893-6078
Stanfield's Ball Park - Main St, Truro Stadium 1 & 2 - North St, Victoria Park -
Park Ave, TACC Grounds - Smith Ave

Valley Recreation Park Bruce Moore 895-0411 Pictou Road

Basketball Courts

Truro Town of Truro Parks & Recreation Department 893-6078 www.truro.ca
North Street behind Colchester Legion Stadium



Basketball courts continued...

Bible Hill Recreation Director 893-8083 www.biblehill.ca

Stewiacke Town of Stewiacke 639-2231 www.stewiacke.net

Valley Basketball Courts Valley Elementary School Principal 896-5540

Bowling

Bible Hill Bowlacade 893-1522 www.bowlacade.com Jennifer Drive

Skittles Bowling Centre 657-3202 45 Lake Road, Tatamagouche

Camp Facilities

Gittens Lodge - Nova Scotia Community College Janice Stewart 895-5340

Website: www.truro.nsc.ca/gitten.htm E-Mail: janice.stewart@nsc.ca

An outdoor recreational facility available to Guide/Scout school groups for nature activities.

Community Halls

Alton Anita Fisher 639-2042

Bass River Mellisa Patariquin 647-2142

Bible Hill Village 893-8083 69 Pictou Road www.biblehill.ca

Brule Bill Todd 657-2806 bill.todd@ca.inter.net

Route 6, Sunrise Trail, Brule

Debert Sue Taylor 662-3875

Eastville Tom Kennedy 671-2982

Economy Garnet McLaughlin 647-2271 or Nettie Soley 647-2345

Hilden Mike Arseneau 893-4980 or Joyce Arseneau 897-4080

Londonderry Reid MacVicar 668-2973

Lower Truro Jim Semple 895-6227 18 Kent Road

Middleton Association Wayne Mingo 657-2172

Millbrook 897-9199

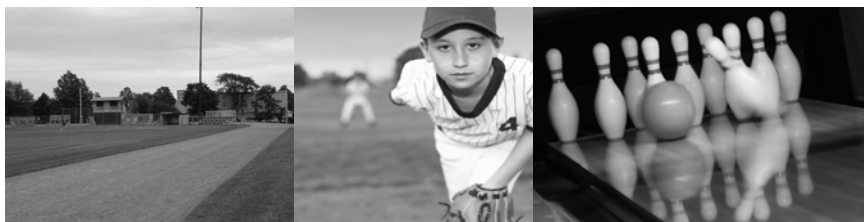
North River Gerald Brownell 895-1193 Tracey Hill 895-8740

Heidi Brownell 897-9280

Onslow Val MacKinnon 662-2076

Riverside Robert Tarasuk 647-2401 Portapique

romax@ns.sympatico.ca



Community halls continued...

Salmon River Mary Donkin 893-3264 or Carl & Pat Shaw 895-8082

South Branch Judy MacDonald 671-2286

Tatamagouche Centre Wayne Edgar 657-2231 Website: www.tatacentre.ca

E-mail: tatacent@tatacentre.ca An education & retreat centre offering programs to members that are church & volunteer based

Great Village Community School Terri Francis 668-2766

The Falls Alma Swan 657-2428 Highway 311

Upper Stewiacke Angie Andrew 671-2326 or Randy Sharon 568-2716

Valley Kemptown Gary Flewelling 897-9583 Merlyn Smith 893-7633

Fay Smith 895-8104

Fire Halls

Bible Hill 893-8083

Maitland 261-2007

Bass River 647-2623

Londonderry 668-2830

Brookfield 673-2965

North River 895-2900

Debert 662-2790

Salmon River 893-9129

Great Village 668-2497

Stewiacke 639-2231

Hilden 895-4422

Tatamagouche 657-2371

Fitness Centers

Bulldog Interactive Fitness for Youth 843-3800 48 Ryland Avenue, Bible Hill

Website www.bulldoginteractivefitness.ca

E-mail: Truro@bulldoginteractivefitness.com

Ages 8 – Teen, Paw Program Ages 5 -7, Camps during March break & summer.

Curves for Women 510 Prince Street, Truro & 191 Pictou Road, Bible Hill

Truro 896-1500 Bible Hill 896-1888

www.trurochamber.com/curvesforwomen.htm

Diamond Fitness 895-4222 105C Walker Street, Truro

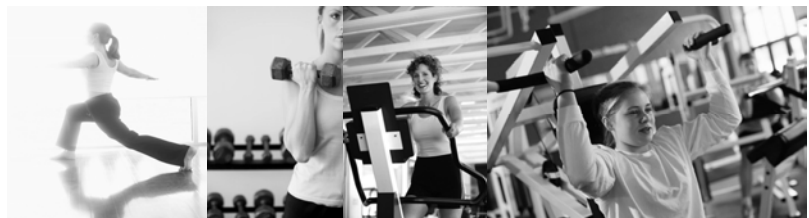
Bible Hill Fitness Centre 897-2777 Pictou Road

Expressfit for Women 843-3399 1027 Prince Street, Truro

Website: www.expressfit4women.com E-mail: expressfittruro@eastlink.ca

Langille Athletic Centre 893-6661 NSAC, Bible Hill

Nautilus Clinic 895-3445 47 Forrester Street, Truro



Fitness centers continued...

NSCC Truro Sport & Wellness Centre 893-5399 NSCC
www.truro.nsc.ca/wellness.htm

South Colchester Academy Municipality of Colchester Recreation Services
897-3155

Libraries

Colchester East-Hants Regional www.cehlibrary.ednet.ns.ca
Stewiacke 639-2481 Tatamagouche 657-3064 Truro 895-4183

Municipal Parks

Bible Hill Recreation Park 893-8083 College Road www.biblehill.ca
Ball fields, playground & picnic area

Holy Well Park 893-8083 Main Street, Bible Hill
www.biblehill.ca Park contains a playground & picnic area.

Kiwanis Park Town of Truro Parks & Recreation Department 893-6078
www.truro.ca Juniper Street & Robie Street, Truro
Picnic area & observation deck

Nelson Memorial Park Colchester County Recreation Services 897-3155
Website:www.colchester.ca/parks.htm E-mail: recreation@colchester.ca
153 Loop of Highway 6 (off Route 6, 2km west of Tatamagouche)
Two cook shelters, ocean access, supervised pool, playground, ball field,
washrooms, showers.

Stewiacke River Park Colchester County Recreation Services 897-3155
Website:www.colchester.ca/parks.htm E-mail:recreation@colchester.ca
528 Stewiacke River Park Road (off Alton Road) Two cook shelters, covered
picnic tables, playground and toilets; also has access for canoeing, swimming &
fishing.

TACC Grounds Town of Truro Parks & Recreation Department 893-6078
Smith Avenue www.truro.ca
Playground, running track & multi-purpose sport field

Victoria Park Town of Truro Parks & Recreation Department 893-6078 Park
Road www.truro.ca Playground, sprinklers, swimming pool, toilets, trails



Pool Halls

Dooley's Billiard Room 893-0322 www.dooleys.com 50 Juniper Street, Truro

Skateboarding

Stewiacke Skateboarding Park Town of Stewiacke Parks & Recreation
639-2231 www.stewiacke.net Dennis Park, Stewiacke

Truro Skateboarding Park Town of Truro Parks & Recreation Department
893-6078 www.town.truro.ns.ca Colchester Legion Stadium parking lot, Lorne Street, Truro

Tennis Courts

North Street Town of Truro Parks & Recreation Department 893-6078
www.truro.ca North Street behind Colchester Legion Stadium

NSCC Sport & Wellness Centre 893-5399 www.truro.nsc.ca/wellness.htm
Arthur Street Open in the summer

Truro Don Dickie 895-4924 or Bruce White 895-2248

Valley Valley Elementary School Principal 896-5540

Theatre & Multipurpose Space

Nova Scotia Agricultural College Alumni Theatre 893-7519

Nova Scotia Community College Janice Stewart 893-5340

Nova Scotia Provincial Exhibition Facilities Diane Danielle 893-9222
www.nspe.ca Raceway, Agridome and the McMillan Show Centre Bible Hill



Trails

For more information about trails in Colchester County please visit www.colchester.ca/trails.htm or www.trails.gov.ns.ca

Central Colchester

Cobequid Trail: Dominion Atlantic Railway, Marshlands, Old Barns

Community: Truro, Lower Truro, Old Barns

Trailhead Location: (1) Lower Truro: Route 236 at Truro Heights Road, (2) Old Barns: Shore Road at Route 236

Other Trail Access Points: (1) King Street south of Arthur Street, (2) NS Community College on Kaulback Street, (3) Willow Street near hospital

Trail Length: 11 km one-way **Rating:** Easy **Permitted Use:** Walking, cycling

Highlights: D.A.R rail trail, Salmon River, Cobequid Bay, farmland, dykes

Contact: Municipality of Colchester **897-3155**, Town of Truro **893-6078**

Cobequid Trail: Farnham Brook Trail

Community: Bible Hill **Trailhead Location:** (1)Village Court, (2) Innovation Drive

Other Trail Access Points: End of Katrina Drive off Hazel Avenue

Trail Length: 1.4 km one-way **Rating:** Easy **Permitted Use:** Walking, cycling

Highlights: Farnham Brook, forest **Contact:** Village of Bible Hill **893-8083**

Other Trails Nearby: Trail continues using sidewalks and paths to join Eagle Crest Walk section of Cobequid Trail

Cobequid Trail: Eagle Crest Walk

Community: Bible Hill **Trailhead Location:** Warren Drive off College Road

Other Trail Access Points: Scenic Drive

Trail Length: 1.1 km one-way **Rating:** Easy **Permitted Use:** Walking, cycling

Highlights: Maple stands, hemlock ravine, Salmon River

Contact: Village of Bible Hill **893-8083**

Other Trails Nearby: Trail continues using sidewalks and paths to join Farnham Brook section of Cobequid Trail

Kiwanis Park Trail

Community: Truro

Trailhead Location: Juniper Drive & Robie Street **Trail Length:** 600 m loop

Rating: Easy **Permitted Use:** Walking

Highlights: Spring fed pond, resident and migratory waterfowl

Contact: Town of Truro Parks & Recreation Department **893-6078**



Valley Community Nature Loop

Community: Valley

Trail Access Points: (1) Valley Elementary School on Salmon River Road, (2) end of Thrush Lane

Trail Length: 700 m loop **Rating:** Easy **Permitted Use:** Walking, cycling

Highlights: Mixed forest of spruce, maple, birch, beech, hemlock and pine

Trail Manager: Municipality of Colchester, Valley Recreation Association

Contact: Municipality of Colchester **897-3155**

Victoria Park Trails

Community: Truro **Trailhead Location:** Victoria Park on Park Road

Other Trail Access Points: Adam Street & Wood Street

Trail Length: varies, several loops, total 20 km

Rating: Easy to moderate **Permitted Use:** Walking, cycling

Highlights: Lepper Brook, Jacob's Ladder, waterfalls, mature hemlock stands, 400-acre natural woodland park **Website:** www.truro.ca

Contact: Town of Truro Parks & Recreation Department **893-6078**

North Colchester

Acadian River Trail

Community: Brule

Trailhead Location: 3971 Route 6, Brule Fossil and Community Centre

Trail Length: 1 km loop **Rating:** Easy, wheelchair accessible **Permitted Use:** Walking

Highlights: woodland, tidal Semple Creek, view of Acadian dykes and Brule Harbour

Contact: Brule Community Centre Association **657-2806**

Christene MacDonald Trail

Community: Balmoral Mills

Trailhead Location: Balmoral Grist Mill at 660 Matheson Brook Road off Route 256

Trail Length: two 500 m loops **Rating:** Moderate (uneven footing)

Permitted Use: Walking

Highlights: Matheson Brook, mature forest of hemlock, spruce and hardwoods

Contact: Balmoral Grist Mill **657-3016** (June to Oct), Nova Scotia Museum **424-7398**(Oct.-May)



Trans Canada Trail - Tatamagouche and the North Shore

Community: Tatamagouche, Denmark

Trail Access Locations: (1) Creamery Road off Main Street (Route 6) in Tatamagouche, (2) Sutherland Steam Mill Museum, Route 326 in Denmark

Trail Length: 25 km one-way **Rating:** Easy

Permitted Use: Walking, cycling, cross-country skiing, horseback riding, ATVing, snowmobiling **Highlights:** Trans Canada Trail on former Shortline Railway, Waughs River, French River, Tatamagouche Bay **Contact:** Colchester Trails Association **897-3155**

South Colchester

Greenwing Legacy Interpretive Trail and St. Andrews Marsh Trail

Community: Shubenacadie

Trailhead Location: Greenwing Legacy Interpretive Centre at Shubenacadie Wildlife Park on Creighton Road off Route 2

Trail Length: Wetland Trail 1 km loop, St. Andrews Marsh Trail 2.5 km return

Rating: Easy; Wetland Trail wheelchair accessible **Permitted Use:** Walking

Highlights: Demonstration & natural wetlands, observation areas

Contact: Nova Scotia Department of Natural Resources **758-7094**

John Crawford Trail

Community: Stewiacke

Trailhead Location: Kitchener Street, Stewiacke **Trail Length:** 0.8km loop

Rating: Easy **Permitted Use:** Walking

Highlights: Impressive hemlock, oak and spruce trees, downed woody debris, natural regeneration, fern glades, a bog, and perhaps deer, birds and small mammals.

Contact: Town of Stewiacke Parks & Recreation 639-2231, www.stewiacke.ca

Shubenacadie Provincial Wildlife Park Trails

Community: Shubenacadie

Park Location: Creighton Road off Route 2

Trail Length: 2 km loop **Rating:** Easy, wheelchair accessible **Permitted Use:** Walking

Highlights: Interpretive panels, more than 30 species of mammals & birds

Contact: Nova Scotia Department of Natural Resources **758-2040**

Other Trails Nearby: Greenwing Legacy Interpretive Trail, St. Andrews Marsh Trail

Note: Park admission fee



Stewiacke River Park Trail

Community: Stewiacke East

Trailhead Location: Highway 2 to Alton Road to end of Stewiacke River Park Road, trail begins near playground

Length: 1.5 km loop (sections to be constructed in 2007-08)

Trail Rating: Easy **Permitted Use:** Walking

Highlights: Stewiacke River, bald eagles, mature forest of pine, hemlock

Contact: Municipality of Colchester **897-3155**

West Colchester

Cobequid Escarpment Trail

Community: Economy

Trailhead Location: Route 2 to River Phillip Road; 7 km to Economy Falls trailhead

Trail Length: 5 km loop from trailhead, uses Economy Falls Trail and portion of Devil's Bend Trail

Rating: Moderate/steep sections/must ford river below falls **Permitted Use:** Hiking

Highlights: Economy River gorge, Economy Falls, Cobequid Escarpment, look-offs, mature mixed forest

Contact: Cobequid Interpretation Centre **647-2600** (May to Sept.),

Kenomee Trail Society **647-2271** **Other Trails Nearby:** Kenomee Canyon Trail

Devil's Bend Trail

Community: Economy

Trailhead Location: Route 2 to River Phillip Road; 4 km to lower parking area, 7 km to upper parking area near Economy Falls

Trail Length: 13 km return **Rating:** Moderate; steep sections **Permitted Use:** Hiking

Highlights: Economy River, Economy Falls, look-offs, sandstone cliffs, mature forests of maple, beech, birch, red spruce and hemlock

Contact: Cobequid Interpretation Centre **647-2600** (May to Sept.)

Kenomee Trail Society **647-2271** **Other Trails Nearby:** Joins Economy Falls Trail and Cobequid Escarpment Trail; Kenomee Canyon Trail

Economy Falls Trail

Community: Economy

Trailhead Location: Route 2 to River Phillip Road, 7 km to trailhead

Trail Length: 2 km return

Rating: Moderate; steep stairs to base of falls **Permitted Use:** Hiking

Highlights: Economy Falls, look-offs, mature forest of maple, beech, birch, red spruce

Contact: Cobequid Interpretation Centre **647-2600** (May to Sept), Kenomee Trail Society

647-2271 **Other Trails Nearby:** Joins Cobequid Escarpment Trail and Devil's Bend Trail; Kenomee Canyon Trail



Five Islands Provincial Park: Economy Mountain Trail, Estuary Trail

Community: Five Islands **Rating:** Easy/moderate

Trailhead Location: Five Islands Provincial Park at 618, Route 2

Trail Length: Economy Mountain Trail 5 km loop, Estuary Trail 4 km loop

Permitted Use: Hiking; cross country skiing on Economy Mountain Trail

Highlights: Five Islands, estuary, mature forest

Contact: Nova Scotia Department of Natural Resources, Parks and Recreation Division

662-3030 Note: Campground, picnic areas & beach. The Red Head Trail is closed.

Kenomee Canyon Trail

Community: Economy

Trailhead Location: Route 2 to River Phillip Road; 7 km to Economy Falls trailhead. Trail begins above Economy Falls **Trail Length:** 18 km loop (includes spurs to falls)

Rating: Difficult; steep sections, must ford Economy River and streams

Permitted Uses: Hiking, camping at designated campsites at Newton Lake, Chain Lake Stream Falls and Murphy Brook Falls (campfires prohibited)

Highlights: Economy River Wilderness Area, Economy River gorge, waterfalls, forest

Contact: Cobequid Interpretation Centre **902-647-2600** (May to Sept.)

Kenomee Trail Society **647-2271**

Other Trails Nearby: Uses part of Cobequid Escarpment Trail and Economy Falls Trail; Devil's Bend Trail

Mi'kmawey Debert Interpretive Trail

Community: Debert

Trailhead Location: Highway 104, Exit 13, north onto MacElmons Road, veer left onto Plains Road, trailhead on left (2 km from Exit 13)

Trail Length: 4.4 km loop **Rating:** Moderate **Permitted Use:** Hiking

Highlights: Interpretive panels, pine stands, mixed forest

Contact: Confederacy of Mainland Mi'kmaq **895-6385**

MacElmons Pond Provincial Park Trail

Community: Debert

Trailhead Location: Highway 104, Exit 13, south onto MacElmons Road, or Route 2 in Lower Onslow and north onto MacElmons Road. Continue 1 km to park entrance.

Trail Length: 1.5 km loop **Rating:** Easy **Permitted Use:** Walking

Highlights: MacElmons Pond, pine stands, black spruce swamp, resident and migratory waterfowl

Contact: Nova Scotia Department of Natural Resources, Parks and Recreation Division

662-3030



Thomas Cove Coastal Reserve: Headlands Trail, Economy Trail

Community: Economy

Trailhead Location: Route 2 to Economy Point Road, 3 km south on Economy Point Road to Thomas Cove access road, continue 1 km to parking area

Trail Length: two 4 km loops **Rating:** Easy **Permitted Use:** Hiking

Highlights: Wind and wave sculpted headlands, views of Five Islands and Minas Basin, beach, tidal stream, 16 m tides, tidal mud flats **Contact:** Cobequid Interpretation Centre 647-2600 (May to Sept.), Kenomee Trail Society 647-2271



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Truro Tennis Courts.....	22
Truro Tree Committee.....	16
Truro Tulip Festival.....	17
Truro Welcome Centre.....	10
Truro Youth Singers.....	7
Truro Toastmasters.....	12

U

United Commercial Travelers.....	12
University of Women's Book Fair.....	12
Upper Stewiacke Community Development Association.....	7
Upper Stewiacke Community Hall.....	20
Upper Stewiacke Community School.....	12

V

Valhalla Gun Club.....	3
Valley Basketball Courts.....	19
Valley Community Nature Loop.....	24
Valley Kemptown Commu- nity Hall.....	20
Valley Recreation Associa- tion.....	8
Valley Recreation Park Ball Fields.....	18
Valley Tennis Courts.....	22
Victoria Park.....	21
Victoria Park Summer Day Camps.....	9
Victoria Park Swimming Pool 9	
Victoria Park Trails.....	24
Volleyball League.....	10
Volunteer Week.....	10

W

Warwick Mountain Recrea- tion Association.....	8
Welcome Wagon.....	13
West Colchester Minor Hockey Association.....	6

West Colchester Recreation Association.....	8
West Colchester United Arena.....	18
Wildlife Carvers & Artists Association Colchester Chapter.....	5
Willow Lodge.....	13
Wittenburg Recreation Association.....	8
Women's Institutes of Nova Scotia.....	12

Y

Yawara Judo Club.....	6
Young Chorister Choir at First United Church.....	7
Youthstock.....	17

Z

Zonta Club of Truro Area.... 12	
Zonta Fair.....	17

Town of Truro Parks & Recreation Department

Special Events, Concerts in the Park, New Years Eve Celebrations, Winter Festival, Youthstock, Facility Maintenance and Development, Victoria Park, Victoria Park Pool, TAAC Grounds, Ball Fields, Soccer Fields, Colchester Legion Stadium, Litter Patrol, Program Development, Victoria Park Day Camps, Leadership Training, True Sport League, Youth Programming, Adult Programming, Community Initiatives, Community Recreation Night, Leisure Time/Your Time, Volunteer Recognition, Community Group Resource and Support, Sport Funding and much more!

Recreation Director: Doug Mackenzie **Stadium Manager:** Woody Woodworth

Community Recreation Coordinator: Ashley Smith

Maintenance Supervisor: Fred Beshley **Administrative Support:** Rita Skinner

Phone **893-6078** Fax **893-0501** E-mail recdept@truro.ca Web www.truro.ca

Municipality of the County of Colchester Recreation Services

The Recreation Services Department works with Colchester County residents to ensure that recreation programs, opportunities and facilities are available throughout the County of Colchester. Principle responsibilities for the Department include:

Parks and Trails

Grants and financial assistance for community projects

Community access to schools

Physical activity programs

Special events

For more information contact Colchester Recreation Services

1 Church St., PO Box 697 Truro, Nova Scotia B2N 5E7

Phone: 8973155/Fax: 895-9983 E-mail: recreation@colchester.ca

Website: www.colchester.ca