GM CROPS GROWN IN CANADA

CROP	TRAIT	WHERE ON THE SHELVES
1. Corn	Insect resistant, herbicide tolerant	Corn flakes • Corn chips • Cornstarch • Corn syrup • Corn oil and other corn ingredients in processed foods • Sweeteners like glucose and fructose • Eggs, milk and meat
2. Canola	Herbicide tolerant	Canola oil • Eggs, milk and meat
3. Soy	Herbicide tolerant	Soy oil • Soy protein • Soy lecithin • Tofu • Soy beverages • Soy puddings• Eggs, milk and meat
4. Sugar beet	Herbicide tolerant	Sugar Check www.cban.ca/gmfoods for updates

GM FOODS IMPORTED TO CANADA

FOOD	GROWN	WHERE ON THE SHELVES
5. Cottonseed oil	U.S.	Cottonseed oil • Vegetable oil in processed foods such as potato chips
6. Papaya	U.S. (Hawaii)	Papaya in fruit juices and other processed foods
7. Squash	U.S.	Some zucchini • Yellow crookneck and straightneck squash
8. Milk products (Bovine Growth Hormone)	U.S.	Milk solids and powder • Frozen desserts with dairy • Imported mixed drinks with milk ingredients Check www.cban.ca/gmfoods for updates